

# BE A BETTER BYSTANDER Three Questions-Personal use of Social Media

- Would your parents approve of what you post, direct message, or anything you hit 'send' on Social Media?
- Would your grandmother/grandparents approve of what you post, direct message, or anything you hit 'send' on Social Media?
- Would your future employer approve of what you post, direct message, or anything you hit 'send' on Social Media?

# **Control What You Can Control**

- No one can control the info once 'send' is hit
- Must assume anyone on the planet can see it
- Can control your online image
- Can control posts on your accounts
- Can control who you follow
- Can control who follows you
- Can control your picture

# THINK BEFORE YOU HIT SEND

#### JEFFERSON R-VII HIGH SCHOOL FOR MORE RESOURCES:

http://jr7hsprincipal.weebly.com/digital-citizenship.html

## Tips for Instant Messaging/Group Chats

- IM can be a productive tool for communication
- Avoid inappropriate titles on groups and friend names
- Limit the number of groups you are in
- Follow the '3 questions'
- Set YOUR standard for participation
- <u>Remove yourself immediately once inappropriate</u> <u>language, racial slurs or material is introduced</u>

### Healthy use of Social Media

- Social Media is healthy when used correctly
- Limit the number of accounts you have-Research recommends 2
- Promote you!
- Follow interests, post only positive information, compliments
- Limit the amount of personal information you have on your accounts
- Screen your accounts daily, block users that do not fit your standards
- Does your online profile represent who you are?
- Work with parents/adults to ensure you have a strong, online profile